

HOLBROOK ACADEMY



Information for Parents / Carers 11th September 2020

Please also see:

Guidance: [What parents and carers need to know about early years providers, schools and colleges in the autumn term](#) Department for Education Updated 1 September 2020

[Holbrook Academy September 2020 Question and Answer for Parents / carers \(30th August 2020\)](#)

Students have returned to the Academy and have responded positively to the measures in place to keep everyone safe. Thank you for your ongoing support with this.

To maintain a focus on the safety measures, please can parents and carers support up by reiterating these important messages:

People who are ill must stay at home. Please support us by ensuring that anyone who has coronavirus (COVID-19) symptoms, or has someone in their household who has symptoms, does not attend school - this means if your child, or someone in your household, has symptoms you should not send your child to school. Check the symptoms [here](#).

Students cannot walk around the school freely. Students have been organised into year group 'bubbles' and they spend the day in a separate area, or zone, from other year groups. On arrival to school, they should make their way to their zone and stay there for the day. Duty staff are on hand to assist but please make sure your child knows which zone they are in each day by looking at their timetable and reminding them from the daily text reminder.

Getting support and passing on messages. In each zone there is a help box for students to use with any messages to go to the office or for any other queries. In addition, teaching staff can assist with student questions or concerns. Each week on a Wednesday afternoon, students see their form tutor for an extended tutorial lesson where they can discuss any issues in more detail. Students cannot go to the office or try to find staff around the site.

Hand washing. We continue to reinforce messages around hand washing and welcome your continued support with this. Everyone should clean their hands more often than usual, including when they arrive at school, when they return from breaks, and before and after eating - this should be done for 20 seconds with soap and running water or hand sanitiser. We have sanitisation stations in all zones and in all classrooms. Please continue to reinforce the importance of hand hygiene.

Respiratory hygiene. We promote the 'catch it, bin it, kill it' approach, to ensure good respiratory hygiene and have lidded bins in all classrooms. Please send your child to school with tissues and remind them of the expectations around good respiratory hygiene.

Congestion around the Academy. Please make use of the walking bus provision in the mornings. Students can be dropped off at The Compasses public House and a member of SLT will escort them to the Academy. Please support us in avoiding congestion on local roads. We will be asking parents of students with collection passes to either collect at 3.15pm or collect from an agreed collection point so that vehicles are clear for when students are boarding buses on site.

Face Coverings / Masks. The Academy will be issuing face covering/mask exemption cards to ensure that those who are exempt can quickly inform a driver or staff member by showing the card. Please inform us if your child is exempt from wearing a face covering in that they:

- have a disability that means they cannot wear a face covering
- would find wearing a face covering severely distressing

Please use the parents@holbrookacademy.org email.

Coughs and colds. The NHS advises that if a child has mild cold-like symptoms they should continue to go to school.

Sore throats and blocked or runny noses are not symptoms of coronavirus. In the case of a heavy cold children may need to take a day or two off to get better.

However, if your child also has a new continuous cough or a fever, or a loss of - or change in - their sense of smell or taste, they may have coronavirus. Your child should stay at home, isolate for at least 10 days and be tested.

Help from the NHS:

[Symptoms of a cold](#)

[Symptoms of coronavirus in children](#)

[Is my child too ill for school?](#)

Will the Academy stay open if somebody tests positive for Covid-19? If there is a change in the number of coronavirus cases in an area of England, schools will use a four-stage tier system of extra measures.

Tier 1: Schools fully open to all pupils, face coverings required in corridors and communal areas for staff and students

Tier 2: A rota system will be used by secondary schools for most pupils, and primary schools stay open

Tier 3 and 4: "Wider groups of pupils" go back to remote learning at home, while vulnerable and key worker children continue to go to school

These measures will be applied as a last resort.

In response to any infection, the Academy will:

- Engage with the NHS Test and Trace process.
- Manage confirmed cases of coronavirus (COVID-19) amongst the school community.
- Contain any outbreak by following local health protection team advice.

We ask that all parents and carers understand that they will need to be ready and willing to:

- book a test if they or their child are displaying symptoms. Staff and pupils must not come into the school if they have symptoms and must be sent home to self-isolate if they develop them in school. All children can be tested, including children under 5, but children aged 11 and under will need to be helped by their parents/carers if using a home testing kit.
- provide details of anyone they or their child have been in close contact with if they were to test positive for coronavirus (COVID-19) or if asked by NHS Test and Trace.
- self-isolate if they have been in close contact with someone who tests positive for coronavirus (COVID-19), or if anyone in their household develops symptoms of coronavirus (COVID-19)

Anyone who displays symptoms of coronavirus (COVID-19) can and should get a test. Tests can be booked online through the NHS testing and tracing for coronavirus website, or ordered by telephone via NHS 119 for those without access to the internet.

The Academy may provide a home test kit directly to parents or carers collecting a child who has developed symptoms at school with advice on how to use the home test kit. The Academy will not be undertaking any testing.

We kindly ask parents to inform us **immediately** of the results of a test and follow this guidance:

- If someone tests negative, if they feel well and no longer have symptoms similar to coronavirus (COVID-19), they can stop self-isolating. They could still have another virus, such as a cold or flu – in which case it is still best to avoid contact with other people until they are better. Other members of their household can stop self-isolating.
- If someone tests positive, they should follow the guidance for households with possible or confirmed coronavirus (COVID-19) infection and must continue to self-isolate for at least 10 days from the onset of their symptoms and then return to school only if they do not have symptoms other than cough or loss of sense of smell/taste. This is because a cough or anosmia can last for several weeks once the infection has gone. The 10-day period starts from the day when they first became ill. If they still have a high temperature, they should keep self-isolating until their temperature returns to normal. Other members of their household should continue self-isolating for the full 14 days.

Please use the following email to notify the school –

parents@holbrookacademy.org



"Can I even hug my best friend?"
 "Am I gonna make my nanna sick?"
 "How can I have fun in a face mask?"
 "Where's it safe to go anyway?"
 "Will I get judged by other people?"
 "Can I even hug my best friend?"
 "Am I gonna make my nanna sick?"
 "How can I have fun in a face mask?"
 "Where's it safe to go anyway?"
 "Will I get judged by other people?"
 "Can I even hug my best friend?"
 "Am I gonna make my nanna sick?"
 "How can I have fun in a face mask?"
 "Where's it safe to go anyway?"
 "Will I get judged by other people?"



Really normal questions. In a really not normal year.

After a long period of living differently, lots of children are unsure how to get back to the things they used to do. If your child is worried, struggling or behaving differently and has a lot of questions about being back out in the world, Every Mind Matters is here to help you support your child's mental wellbeing.

Better Health every mind matters

For expert tips and advice
search **Every Mind Matters**

IN PARTNERSHIP WITH

YOUNGMINDS



THE MIX

ayph | Association of Young People's Health

shout
The support for young people

Anna Freud
National Centre for
Children and Families

time to change
It's not what you think

Centre for
Mental Health

Children & Young People's
Mental Health Coalition

Positive
Thinking
Campaign

Charlie
Waller

Every
Mind
Matters

