

Academy Bulletin

6th December 2024



Calendar / Upcoming Events

17th December	Year 7-9 Reward Trip
19th December	Year 11 Progress Evening (<i>details to follow</i>)
19th December	Year 8 HPV Vaccinations (<i>details to follow</i>)
19th December	Christmas Dinner
20th December	End of Autumn term
7th January	Students return (Week 2)
16th January	Year 10/11 Reward Trip

On Tuesday, 10th December, students in all year groups will receive a 45 minute assembly from Suffolk Mind, introducing mental health and emotional needs to help teenage wellbeing.



Further information can also be found on the [Suffolk Mind](#) website

Suffolk Mind supports people from the age of 4 upwards, through:

- [The Mental Health Kitbag](#), skills-based sessions for children and young people, and the adults who support them
 - [Our support services](#) for over 18s
 - [The Mental Health Toolkit](#) – our practical mental health training for organisations
- Working across the Mental Health Continuum, we aim to provide support and information for everyone.

Last call for Christmas Dinner

If your child would like a Christmas Dinner on Thursday 20th December, please ensure you have completed the [Google form](#) by 12th December.



Parking in and around Academy

If you use the roads around the Academy to drop off / pick up at the start or end of the school day, please be considerate to our neighbours and the local community.

Please do not park on grassed areas and remember to turn off your engine whilst you are waiting.

Thank you.



Friday 20th December

Christmas Jumper may be worn with normal uniform.

Free School Meals

We are keen to ensure that all families who need support know where to access this.

To find out if your child may be entitled to free school meals and how to apply for this, please refer to the information on the following link:-

[Apply for free school meals](#)

If your child is entitled to free school meals, it also means the Academy will receive additional funding for your child which can be used to support trips, resources, etc.

Full details of the menu on offer from Caterlink can be found [here](#). Students entitled to free school meals may choose a meal deal option each day.

Lost Property

We still have a large number of coats in the main office which have not been claimed.

Please contact the office if your child has lost a coat or anything else in school.

Can we also please remind you to ensure that your child's name is on all items of clothing to ensure these can be returned to them.

Thank you.

Safeguarding Information

During school hours, please contact Mrs Alex King (Designated Safeguarding Lead) or Miss Crabtree (Deputy Designated Safeguarding Lead) or ask to speak to a member of the Safeguarding team - 01473 328317

At all other times, please contact Customer First : 0808 800 4005 or If you believe there is an emergency and a child is at risk of **immediate harm** please call the Police on **999**.

Improving School Attendance

Please follow the links for information on the importance of school attendance:-

[How to improve your child's school attendance and where to get support](#)

[Is my child too ill for school?](#)

Useful Information

Links to support services:-

Childline: 0800 1111

[The Wellbeing Hub 'Teen Tips'](#) Log in information was provided to parents/carers on 26th May. Please contact the office if you would like the information sent to you directly.

Online bullying www.thinkuknow.co.uk/

Kooth - Online counselling service and peer to peer support for young people aged 11-25: www.kooth.com

Emotional Wellbeing Gateway website (Suffolk Infolink Directory) – Information, advice and guidance on common mental health issues. Access to mental health services like the Emotional Wellbeing Hub www.emotionalwellbeinggateway.org.uk

The Source website for young people – Sources of information and advice important to young people in Suffolk, including emotional wellbeing support: www.thesource.me.uk/wellbeing

Mental Health Crisis – Call 111, option 2

Sexual Assault: Call NSPCC 0800 136 663 or help@nspcc.org.uk