

Online Safety

Useful links

"ONLINE SAFETY REFERS TO THE ACT OF STAYING SAFE ONLINE"

"TOGETHER WE CAN MAKE SURE IT'S SAFE FOR EVERY CHILD TO GO ONLINE." - NSPCC ARE THERE TO SUPPORT PARENTS WITH ONLINE SAFETY ADVICE, AND THEY'RE THERE TO PROTECT CHILDREN AND HELP THEM RECOVER FROM ABUSE.

WWW.NSPCC.ORG.UK/KEEPING-CHILDREN-SAFE/ONLINE-SAFETY/



YOU CAN ALSO FIND ADVICE AROUND PARENTAL CONTROLS HERE:

[HTTPS://WWW.NSPCC.ORG.UK/KEEPING-CHILDREN-SAFE/ONLINE-SAFETY/PARENTAL-CONTROLS/](https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/)

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

CHILDLINE: ADVICE FOR CHILDREN ON KEEPING SAFE ONLINE. BE AWARE OF THE DANGERS. VISIT:

WWW.CHILDLINE.ORG.UK/INFO-ADVICE/BULLYING-ABUSE-SAFETY/ONLINE-MOBILE-SAFETY/

THE NATIONAL CRIME AGENCY'S CEOP EDUCATION TEAM AIM TO HELP PROTECT CHILDREN AND YOUNG PEOPLE FROM ONLINE CHILD SEXUAL ABUSE. VISIT: [HTTPS://WWW.CEOPEDUCATION.CO.UK/](https://www.ceopeducation.co.uk/)



Education from
the National
Crime Agency

YOU CAN ALSO USE CEOP'S ONLINE REPORTING TOOL FOR CHILD EXPLOITATION AND ONLINE PROTECTION: [HTTPS://WWW.CEOP.POLICE.UK/CEOP-REPORTING/](https://www.ceop.police.uk/ceop-reporting/)



Keeping Safe Online

Ten Essential Rules

THERE ARE A HUGE AMOUNT OF THINGS TO SEE AND DO ONLINE THAT CAN HELP BOOST OUR MENTAL HEALTH. BUT IT'S IMPORTANT TO KNOW HOW TO NAVIGATED AND KEEP SAFE ONLINE. IT'S ALL ABOUT BEING AWARE AND BEING RESPONSIBLE

1. DON'T POST ANY PERSONAL INFORMATION ONLINE - LIKE YOUR ADDRESS, EMAIL ADDRESS OR MOBILE NUMBER.
2. THINK CAREFULLY BEFORE POSTING PICTURES OR VIDEOS OF YOURSELF. ONCE YOU'VE PUT A PICTURE ONLINE MOST PEOPLE CAN SEE IT AND MAY BE ABLE TO DOWNLOAD IT. IT WILL ALSO REMAIN IN CYBERSPACE FOREVER, EVEN IF YOU DELETE IT.
3. KEEP YOUR PRIVACY SETTINGS AS HIGH AS POSSIBLE
4. NEVER GIVE OUT YOUR PASSWORD
5. DON'T BEFRIEND OR ACCEPT/FOLLOW PEOPLE ON SOCIAL MEDIA THAT YOU DON'T KNOW. DON'T JOIN GROUP CHATS WITH PEOPLE YOU DO NOT KNOW.
6. DON'T MEET UP WITH PEOPLE YOU HAVE MET ONLINE. SPEAK TO A TRUSTED ADULT IF PEOPLE YOU DON'T KNOW ASK YOU TO MEET UP OR IF YOU KNOW A FRIEND IS PLANNING TO MEET UP WITH SOMEONE THEY HAVE MET ONLINE
7. REMEMBER THAT NOT EVERYONE ONLINE IS WHO THEY SAY THEY ARE
8. THINK CAREFULLY ABOUT WHAT YOU SAY BEFORE YOU POST SOMETHING ONLINE
9. RESPECT OTHER PEOPLE'S VIEWS, EVEN IF YOU DON'T AGREE WITH SOMEONE ELSE'S VIEWS DOESN'T MEAN YOU NEED TO BE RUDE.
10. IF YOU SHARE AN IMAGE OF YOURSELF OR SOMEONE ELSE WHICH IS OF A SEXUAL NATURE OR CONTAINS NUDITY, THE POLICE MAY BE INVOLVED. BOTH SENDING AND RECEIVING THESE TYPES OF IMAGES IS ILLEGAL.

IF YOU SEE SOMETHING ONLINE THAT MAKES YOU FEEL UNCOMFORTABLE, UNSAFE OR WORRIED - TELL A TRUSTED ADULT IMMEDIATELY.

Social Media Apps

BELOW ARE LINKS TO INFORMATION FOR DIFFERENT TYPES OF SOCIAL MEDIA. THEY PROVIDE INFORMATION ABOUT EACH APP; AN AGE RATING; HOW TO NAVIGATE PRIVACY SETTINGS AND HOW TO BLOCK / REPORT PEOPLE AND POSTS.



AIRDROP (IPHONE) - [AIRDROP - ONLINE SAFETY CARD](#) OR
NEARBY SHARE (ANDROID) - [NEARBY SHARE ONLINE SAFETY CARD](#)



[DISCORD - ONLINE SAFETY CARD](#)



[FACEBOOK - ONLINE SAFETY CARD](#)



[TWITCH - ONLINE SAFETY CARD](#)



[INSTAGRAM - ONLINE SAFETY CARD](#)



[SNAPCHAT - ONLINE SAFETY CARD](#)



[WHATSAPP - ONLINE SAFETY CARD](#)



[TIKTOK - ONLINE SAFETY CARD](#)



[WIZZ - ONLINE SAFETY CARD](#)



[ROBLOX - ONLINE SAFETY CARD](#)



[REDDIT - ONLINE SAFETY CARD](#)



[TELEGRAM - ONLINE SAFETY CARD](#)



[JUSTALK - ONLINE SAFETY CARD](#)



RESPECT



SUPPORT



SPEAK UP



REPORT

