



Dear Parents / Carers,

As we enjoy England's progress into the Euro's final and the showcase of talent on the grass courts of Wimbledon, we have half an eye on Activities Week next week and end of term arrangements.

An overview of Activities Week can be found on page 2. We would also draw your attention to the following reminders:-

- **Curve Watersports** - Students should wear their swimming costume under their clothes if possible and will need to bring a towel and plastic bag to store wet items.
- Packed lunches - please ensure there are no nuts or nut products. Students will also need to bring snacks and drinks for each day or an appropriate amount of money to buy these.
- Students may wear their own clothes for all off site trips but must be in school uniform when they are in school. Students not taking part in trips should wear uniform as normal.
- Please note the departure times for the trips as buses may not be able to wait for late arrivals.
- For outside activities, your child will need sun cream / hat, or a waterproof coat in the event of wet weather.
- For trips returning at 5.00pm, parents/carers are requested to park on the playground as we need to keep the front car park clear for buses. If trips are delayed, students will be asked to make contact with you to advise of expected arrival time.

Calendar / Upcoming Events

15th-19th July : Activities Week

19th July : End of term

4th September : Students Return

19th September : Year 10 Meet the Headteacher, Information Evening and Work Experience launch

26th September : Year 11 Post 16 Pathways Evening

In order to ensure the safety of students and staff in the mornings, as we will have a number of buses coming and going from the school site, there will be no access for parents/carers to drop off between 8.30am - 9.30am on Monday, Tuesday and Thursday.

Sports Day

This year's Sports Day will take place on Wednesday 17th July. We would like to remind all students that a full PE kit is expected on this day. Any form of cycling shorts, hotpants or brightly coloured non PE shorts will not be permitted on the day. Unfortunately, students breaking these rules will be supervised in classrooms and unable to take part.

If students would like to support their house and wear a plain coloured t-shirt instead of their PE top this will be allowed. House colours are as follows:

ALTON

DEBEN

GIPPING

ORWELL

STOUR

A reminder that we encourage suncream, hats and plenty of water to be packed on the day.

Attendance

Whether students are taking part in the trips and visits available next week or are due to take part in onsite activities, please be aware that full attendance is still expected. If your child is ill, please follow the usual processes for reporting absences. It is especially important to let us know of an absence as early as possible if your child is due to go out on a trip so that the coaches can leave on time and we are not waiting for anyone unnecessarily.

Continued overleaf

Activities Week 2024 : Overview

	Year 7	Year 8	Year 9	Year 10
Monday 15th July				
Location:	Curve - Clacton	Colchester Zoo	<u>Pleasurewood Hills</u>	<u>Pleasurewood Hills</u>
Departure:	9.00am	9.15am	8.45am	8.45am
Return:	3.00pm	3.00pm	5.00pm	5.00pm
Information:	Packed lunch. Swimming costume / towel.	Non uniform. Packed lunch.	Non uniform. Packed lunch.	Non uniform. Packed lunch.
Tuesday 16th July				
Location:	Colchester Zoo	Curve - Clacton	Lakeside Shopping	Lakeside Shopping
Departure:	9.30am	9.15am	8.45am	8.45am
Return:	3.00pm	3.00pm	5.00pm	5.00pm
Information:	Non uniform. Packed lunch.	Packed lunch. Swimming costume / towel.	Non uniform. Packed lunch.	Non uniform. Packed lunch.
Wednesday 17th July				
Holbrook Academy Sports Day				
Thursday 18th July				
Location:	<u>Pleasurewood Hills</u>	<u>Pleasurewood Hills</u>	Curve - Clacton	In School Activities
Departure:	8.45am	8.45am	9.00am	N/A
Return:	5.00pm	5.00pm	3.00pm	N/A
Information:	Non uniform. Packed lunch.	Non uniform. Packed lunch.	Packed lunch. Swimming costume / towel.	School uniform + PE Kit. Normal break and lunch.
Friday 19th July				
Location:	In School Activities	In School Activities	In School Activities	Curve - Clacton
Departure:	N/A	N/A	N/A	9.00am
Return:	N/A	N/A	N/A	3.00pm
Information:	School uniform. Normal break and lunch.			Packed lunch. Swimming costume / towel.

Second Hand Uniform

If you have any uniform which no longer fits your child, please consider donating this to our Second Hand Uniform shop so this can be passed on to another family.

Donations can be left at the main office at any time during the school day.
Thank you.



Reminder about Parking and Drop off / Pick Up

Please continue to be considerate to our neighbours and the local community when using the roads around the Academy to drop off or pick up your child/children. Please also consider the impact of cars parking in the local area on residents and, if you are waiting to pick up, please remember to turn off your engine.

A reminder for those not already aware that parking restrictions are in place between **8.00-8.30am and 3.00-3.45pm** to facilitate the movement of the school buses. During these times, only parents/carers who have a car parking pass will be able to come into the car park to drop off and pick up their children. If you try to come onto site without a pass you may be turned away.

An additional reminder that parents/carers should only come onto site outside of these times if you have an appointment or need to speak to someone in the office and not to drop students off as the car park is used by students throughout the school day.

Safeguarding Information

During school hours, please contact Mrs Sarah Watson (Designated Safeguarding Lead) or Miss Crabtree (Deputy Designated Safeguarding Lead) or ask to speak to a member of the Safeguarding team -
01473 328317

At all other times, please contact Customer First : 0808 800 4005 or
If you believe there is an emergency and a child is at risk of **immediate harm** please call the Police on **999**.

Useful Information

Links to support services:-
Childline: 0800 1111

[The Wellbeing Hub 'Teen Tips'](#) Log in information was provided to parents/carers on 26th May. Please contact the office if you would like the information sent to you directly.

Online bullying www.thinkuknow.co.uk/

Kooth - Online counselling service and peer to peer support for young people aged 11-25: www.kooth.com

Emotional Wellbeing Gateway website (Suffolk Infolink Directory) – Information, advice and guidance on common mental health issues. Access to mental health services like the Emotional Wellbeing Hub
www.emotionalwellbeinggateway.org.uk

The Source website for young people – Sources of information and advice important to young people in Suffolk, including emotional wellbeing support: www.thesource.me.uk/wellbeing

Mental Health Crisis – Call 111, option 2

Sexual Assault: Call NSPCC 0800 136 663 or help@nspcc.org.uk