# **Academy News**

12th January 2024



Dear Parents / Carers,

This week we experienced, and continue to experience, some disruption to our email system. If you need to contact us urgently, please telephone the main office as we cannot be sure that your emails are getting to us at present. We will let you know when these issues are resolved. These IT issues meant we postponed the Year 11 Progress Evening to Tuesday 16th January. We look forward to welcoming families to this event.

On Monday, we held assemblies for Years 10 and 11 on effective study skills and cognitive science to improve retention of information in preparation for mocks examinations. All students in Year 11 now have a revision calendar which they will use to plan and prepare for mocks and the exams that are only a few months away. Next week, we will continue this focus and share the most effective strategies to maximize learning output.

In the middle of the week, we took a group of students to see 'The Lion King' and visit Pineapple Studios. Thank you to Miss Whiting for organising this trip and all the staff who accompanied the students. A very enjoyable time was had by all.

## Calendar / Upcoming Events

16th January - Year 11 Progress Evening (Details have been emailed home)

23rd January - Year 9 Progress Evening

16th-19th January - Year 11 Option Subject and Core Resit Mocks

w/c 12th February - 'Beauty & the Beast' production (Full details to follow separately)

16th February - PD Day

19th-23rd February - Half term

Preparations for the 'Beauty and the Beast' musical production are coming along well. The show will be held in the main hall in the week commencing 12th February. Full details, including ticket information, will be available nearer the time. I have always really enjoyed the performances at the Academy - my eldest daughter still speaks about the 'Cats' performance a few years ago; some of the cast from that particular show have gone on to achieve wonderful things in the entertainment industry.

Within the PE department, we took four excellent long-distance runners to Woodbridge to participate in the regional competition - they did themselves proud. Continuing this sports theme, I recently discovered that we have not only one but two World Champions in Kickboxing and Muay Thai in Benas and Arman who competed in the World Championships last month and fought their way to these prestigious titles.

I wish you a restful weekend with your family.

George Anstee-Parry Acting Headteacher

### Term Dates 2024-2025

Dates are now available on the website

#### Importance of Good School Attendance

Good school attendance is important not just for your child's learning, but also for their overall wellbeing, wider development and their mental health.

Details from the Department for Education of where to get support to improve your child's attendance can be found **here** 

A copy of the Academy's updated Attendance policy is available below:-

**Holbrook Academy Attendance Policy** 

## **Safeguarding Information**

During school hours, please contact Miss Crabtree (Deputy Designated Safeguarding Lead) or ask to speak to a member of the Safeguarding team - 01473 328317

At all other times, please contact Customer First: 0808 800 4005 or If you believe there is an emergency and a child is at risk of **immediate harm** please call the Police on **999**.

#### **Useful Information**

Links to support services:-

Childline: 0800 1111

The Wellbeing Hub 'Teen Tips' Log in information was provided to parents/carers on 26th May. Please contact the office if you would like the information sent to you directly.

Online bullying www.thinkuknow.co.uk/

Kooth - Online counselling service and peer to peer support for young people aged 11-25: www.kooth.com

Emotional Wellbeing Gateway website (Suffolk Infolink Directory) – Information, advice and guidance on common mental health issues. Access to mental health services like the Emotional Wellbeing Hub <a href="https://www.emotionalwellbeinggateway.org.uk">www.emotionalwellbeinggateway.org.uk</a>

**The Source website for young people** – Sources of information and advice important to young people in Suffolk, including emotional wellbeing support: <a href="https://www.thesource.me.uk/wellbeing">www.thesource.me.uk/wellbeing</a>

Mental Health Crisis - Call 111, option 2

Sexual Assault: Call NSPCC 0800 136 663 or <a href="mailto:help@nspcc.org.uk">help@nspcc.org.uk</a>