

Academy News

21st March 2023



Good afternoon,

Over the weekend we had a very successful Duke of Edinburgh trek and I would like to thank everyone involved; including Mr Newstead who attended this weekend with our students.

We have also sent details today about an information event for parents / carers' of any Year 9 -11 student who might be interested in our Camp International venture. This wonderful opportunity will be just one of a number of enrichment activities currently being planned; including the Academy's Activities Week which takes place week beginning 10th July and will involve all students in Years 7-10. Our Activity Week will combine on-site activities and a variety of day trips. For example, we are excited to take all participating year groups to Pleasurewood Hills and Colchester Zoo. On those days the students are in the Academy they will spend time doing fun learning activities and also take part in Sports Day during the week. Our Year 10 students will also have the opportunity to spend a day at Suffolk One to experience what it is like to be a Year 12 student. We have tried to limit the cost to families and to put together a package which is good value for money. We will confirm our final costings, how these might be paid by instalments and details of how the Academy might further support over the coming days.

Finally, this has been a busy term for our PE teams and full details of their successes can be found below.

Tom Maltby
Headteacher

Update from the PE Department

Please see below for some results from PE fixtures over the last couple of weeks.....

- Year 7/8 Girls football team - national cup v Thorpe Hall school (Southend) - Holbrook won 6-1, then in the next round we played Orchards Academy (Kent) and we won 8-0.
- Year 7 Boys football team - Suffolk cup - Holbrook beat Farlingaye 7-2, we are now through to the semi-finals against Thurston school.
- Year 7 Boys futsal team - Ipswich Final - Holbrook won, we are now through to the county finals.
- Year 8 Girls cricket team - Ipswich tournament - Holbrook came 5th.
- Year 8 Boys rugby team - Suffolk tournament - Holbrook came 5th.
- Year 9 Girls cricket team - Ipswich tournament - Holbrook were runners up.
- Year 8 Girls basketball team - Ipswich tournament - Holbrook came 3rd

Our recent Civvies day for Comic Relief and the Turkey / Syria Earthquake appeal, raised a total of **£378**.

Thank you to everyone who helped raise this amount which will be split between the two charities.

Safeguarding Information

During school hours, please contact Mr Anstee-Parry (Designated Safeguarding Lead) or Mrs Watson (Deputy Designated Safeguarding Lead) - 01473 328317

At all other times, please contact Customer First : 0808 800 4005 or
If you believe there is an emergency and a child is at risk of **immediate harm** please call the Police on **999**.

Useful Information

Links to support services:-

Childline: 0800 1111

Online bullying: www.thinkuknow.co.uk/

Kooth - Online counselling service and peer to peer support for young people aged 11-25:
www.kooth.com

Emotional Wellbeing Gateway website (Suffolk Infolink Directory) – Information, advice and guidance on common mental health issues. Access to mental health services like the Emotional Wellbeing Hub: www.emotionalwellbeinggateway.org.uk

The Source website for young people – Sources of information and advice important to young people in Suffolk, including emotional wellbeing support: www.thesource.me.uk/wellbeing

Mental Health Crisis – Call 111, option 2

Sexual Assault: Call NSPCC 0800 136 663 or help@nspcc.org.uk