



	Week 1 (31/10, 21/11, 12/12)	Week 2 (7/11, 28/11)	Week 3 (14/11, 5/12)	
Monday	Classic Macaroni baked in a rich cheese sauce,	Sloppy Joe served with herby rice.	Chicken Jambalaya with Latin salad and nachos.	
	served with salad or vegetables	Quorn Bolognese served with pasta or herby rice.	Ramirez wrap with Latin salad.	
Tuesday	Butchers sausages with mashed potatoes and gravy.	Flavoured chicken thigh or drumstick served with rice or potato wedges.	Flavoured chicken strips with salad and a choice of sauce in folded naan bread.	
	Creamy vegetable pie with mashed potatoes and gravy.	Classic Ratatouille served with spicy rice.	Falafel with humus with salad and sauce in folded naan bread.	
Wednesday	BBQ Chicken melt served with baby potatoes.	Roast gammon with roast potatoes and gravy.	Cumberland sausages with baked potato wedges.	
	Broccoli and Cauliflower pasta bake served with salad.	Smokey vegetable enchilada served with coleslaw.	Vegetable lasagne with salad.	
Thursday	Chicken Tikka served with rice.  Spinach, chickpea	Tandoori chicken with rice and mango chutney.	Beef and pea curry served with rice and mango chutney.	
	and potato curry served with rice.	Noodle and vegetable stir fry with black bean sauce.	Mac and cheese served with garlic bread.	
Friday	Battered fish and chips.	Battered fish and chips.	Battered fish with chips.	
	Pizza Margherita and chips.	Spicy bean burger and chips.	Southern style Quorn burger with chips.	
Baked	Baked Potatoes, Pasta and Tomato Sauce Monday to Thursday			

Daily dessert or carton of juice with every Meal deal puchase.

Daily Pizzas, Panini and Specials