



Headteacher: Thomas Maltby BA (Hons), MA, NPQH  
Deputy Headteacher: George Anstee-Parry

22<sup>nd</sup> September 2022

Dear Parent/Carer,

## Personal, Social Health and Economic Education (PSHE)

I am writing to inform you that all students receive PSHE (Personal, Social, Health and Economic education) lessons once a fortnight at Holbrook Academy. RSE (Relationships and Sex Education) lessons form part of the school's PSHE curriculum, in line with statutory guidelines outlined by the Department for Education. At Holbrook Academy, the focus of PSHE education lessons is on supporting students to develop the skills they need to live fulfilling and healthy lives. We, therefore, use the term Life Skills on the students' timetables for PSHE lessons. Life Skills lessons will be delivered forming a spiral curriculum across all year groups. You can find a breakdown of the school year with each term's content by following this link:

[PSHE Curriculum Map](#)

We encourage you to discuss these sessions with your child in order to promote engagement with their learning. If you have any questions or concerns please feel free to contact me at school.

Finally, if you or somebody you know may be able to support the delivery of any of our topics, please do not hesitate to get in touch. We are keen to network with outside agencies and individuals in order to deliver a relevant curriculum for our students, whether this be through talks and workshops or more hands-on activities.

Yours sincerely,

*E Bell*

Mrs E Bell  
PSHE Co-ordinator