

20th September 2022

Dear Parent / Carer,

Covid-19 Guidance

Over the weekend, we have been advised of a very small number of positive Covid-19 cases within the Academy. Therefore, we thought it would be beneficial to provide parents/carers with a reminder of the current Government guidance:-

Children and young people (aged 18 years and under) who have symptoms of a respiratory infection, including COVID-19

Respiratory infections are common in children and young people, particularly during the winter months. Symptoms can be caused by several respiratory infections including the common cold, COVID-19 and [RSV](#). For most children and young people, these illnesses will not be serious, and they will soon recover following rest and plenty of fluids.

Attending education is hugely important for children and young people's health and their future.

When children and young people with symptoms should stay at home and when they can return to education

Children and young people with mild symptoms such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend their education setting.

Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people, where they can. They can go back to school, college or childcare, and resume normal activities when they no longer have a high temperature and they are well enough to attend.

All children and young people with respiratory symptoms should be encouraged to cover their mouth and nose with a disposable tissue when coughing and/or sneezing and to wash their hands after using or disposing of tissues.

Children and young people aged 18 years and under who have a positive test result

It is not recommended that children and young people are tested for COVID-19 unless directed to by a health professional.

If a child or young person has a positive COVID-19 test result they should try to stay at home and avoid contact with other people for 3 days after the day they took the test, if they can. After 3 days, if they feel well and do not have a high temperature, the risk of passing the infection on to others is much lower. This is because children and young people tend to be infectious to other people for less time than adults.

Children and young people who usually go to school, college or childcare and who live with someone who has a positive COVID-19 test result should continue to attend as normal.

Full details of the current guidance can be found [here](#)

Yours sincerely

A handwritten signature in blue ink, appearing to be 'Tom Maltby', written in a cursive style.

Tom Maltby

Further Information:-

[What to do if you test positive for Covid-19](#)

[People with symptoms of an illness like Covid-19](#)