

19th November 2021

Dear Parent/Carer,

Covid-19 Update : 7 Stour, 7 Orwell, 7 Deben

Further to our previous communications this week regarding the small number of positive cases in 7 Stour, 7 Orwell and 7 Deben, we have this morning taken advice from Suffolk County Council's Covid Support Team. Their advice is that students in these form groups are now asked to wear a face covering in lessons as well as in corridors (unless exempt). This is in line with the Public Health Suffolk guidance we shared with families earlier this week.

Therefore, with effect from Monday 22nd November, students in 7 Stour, 7 Orwell and 7 Deben are requested to follow this advice and wear a face covering during lessons (unless exempt). We will review this advice at the end of next week in light of any further confirmed cases.

I would very much welcome your support in ensuring your child brings a face covering to school, unless they are exempt, and is aware they will need to wear this in lessons and in corridors next week.

I would also like to take this opportunity to provide you with general information on COVID-19.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19 they should remain at home. You should arrange for a COVID test via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling NHS 119. You will need to contact the Academy office to advise of this.

If your child's test is negative, they can return to school when they are well.

If their test is positive, they will need to self-isolate for 10 days from the date after their symptoms started. All your household members must self-isolate for 10 days, unless they are exempt. The date that symptoms first started is day zero.

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>.

Symptoms


The symptoms of coronavirus (COVID-19) are:

- recent onset of new continuous cough or
- high temperature or
- a loss of, or change in, normal sense of taste or smell (anosmia).

We are aware that some children present with other symptoms such as diarrhoea, vomiting, cold, headache, cough and would encourage anyone who is feeling unwell to get a PCR test.

Thank you for your continuing support.

Yours sincerely,



Tom Maltby