

Holbrook Academy - Information for Parents and Carers

May 2021



Thank you for your continued support in helping us keep Holbrook Academy students, staff and families safe.

Please find below some information on keeping safe during the half-term holiday:-

Testing at home throughout the half-term holiday

Throughout the half-term holiday, students should:-

- test twice a week at home (Sunday and Wednesday) – if your child needs additional test kits, these can be obtained from the main office,
- report results [online](#) as positive, negative or void,
- report their results to the school, using the links shown below:-

[Year 7](#)

[Year 8](#)

[Year 9](#)

[Year 10](#)

[Year 11](#)

The links can also be found here - <http://holbrookacademy.org/parents/covid-19-information-and-updates/>

If unable to access the form, please email the result to parents@holbrookacademy.org

- complete a test on Sunday 6th June before returning to school.

If my child develops symptoms over half-term, do we need to let the school know?

If your child tests positive for Covid-19, having developed symptoms within 48 hours of being in school – including transport home - you **must** let the school know.

This is because the school will assist NHS Test and Trace in identifying close contacts and advising self-isolation, as the individual may have been infectious whilst in school.

If your child tests positive for Covid-19 during half-term, having developed symptoms more than 48 hours since being in school, the school should not be contacted. Parents and carers should follow contact tracing instructions provided by [NHS Test and Trace](#).

If our family has to self isolate before the return to school, when should we contact you?

Please ensure the office is advised by Monday 7th June using the following email:-

parents@holbrookacademy.org

What if my child is unwell before returning to school?

The symptoms of COVID-19 in adults and children are:

- a high temperature
- a new, continuous cough (this means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours).
- a loss or change to your sense of smell or taste

Anyone with symptoms should **self-isolate** and then book a test by visiting www.nhs.uk/coronavirus or calling 119.

If your child is unwell for any reason, please advise the school on 01473 328317.



My child receives support from the Academy's pastoral team. Will they still be able to access this support over the break?

Whilst the school is closed, students will not be able to contact the pastoral team or key workers in the usual way, however, other agencies remain open to offer support and guidance. A reminder of the support available can be found here:-

www.4yp.org.uk

www.beateatingdisorders.org.uk

www.youngminds.org.uk

www.kooth.com

www.outreachyouth.org.uk

www.headstogether.org.uk

How can I keep my child safe online?

- Be aware of what your child is doing online.
- Visit [CEOP](http://www.ceop.gov.uk) (Child Exploitation and Online Protection) and talk to your child about how to raise concerns.

If you need to report a concern about a child or young person at risk of harm, abuse or neglect.

If it's an emergency, you can call:

- Customer First on 0808 800 4005 if you're worried that a child or young person is at risk of harm, abuse, or neglect
- the Police on 999

What if I'm struggling to cope myself?

With so many challenges for families at present, it's understandable that adults too might need further support. If you're worried about you or another adult, please visit The Samaritans who have lots of information, support and guidance – www.samaritans.org or call 116 123