



## Holbrook Academy - Information for Parents and Carers December 2020

Thank you for your continued support in helping us keep Holbrook Academy students, staff and families safe.

We continue to review our Covid-19 risk assessment and procedures and share these with you. Today, we share some information on keeping safe during the holidays and for a safe return in January.

### ***If my child develops symptoms over the Christmas break, do we need to let the school know?***

If your child develops symptoms in the 48 hours after being in school – including transport home where students are mixing- you **must** let the school know.

This is because for the first 6 days after teaching ends, if a pupil or staff member tests positive for coronavirus (COVID-19), having developed symptoms within 48 hours of being in school, the school will assist in identifying close contacts and advising self-isolation, as the individual may have been infectious whilst in school.

Where a pupil or staff member tests positive for coronavirus (COVID-19), having developed symptoms more than 48 hours since being in school, the school should not be contacted. Parents and carers should follow contact tracing instructions provided by [NHS Test and Trace](#).

### ***What if my child tests positive after six days?***

Where pupils are required to self-isolate due to contact with a positive case after the first 6 days following the end of term, schools do not need to be informed about their absence until the first day of the new term.

### ***What can we do over Christmas safely?***

The local authority have produced a helpful poster with information about Christmas 'bubbles' and what families can do to help keep each other safe. This can be found [here](#).

### ***How long do people need to self-isolate?***

A change to the self-isolation period from 14 to 10 days has been announced. Further details can be found [here](#).

### ***If our family has to self isolate before the return to school, when should we contact you?***

Please ensure the office is advised by Monday 4<sup>th</sup> January using the following email:-

[health.advice@holbrookacademy.org](mailto:health.advice@holbrookacademy.org)

### ***Will anything change in January?***

The measures in places to keep people safe will mostly stay the same in school. We ask that parents revisit the Student Covid Code before the start of term. A copy can be found at the end of this update.

The government have announced that from January, teachers and pupils will have access to rapid testing to help keep schools and colleges open throughout the spring term. There is a detailed Q+A for parents about this which can be found [here](#).



***My child receives support from the Academy's pastoral team. Will they still be able to access this support over the break?***

Whilst the school is closed, students will not be able to contact the pastoral team or key workers in the usual way, however, other agencies remain open to offer support and guidance. A reminder of the support available can be found here:-

[www.4yp.org.uk](http://www.4yp.org.uk)

[www.beateatingdisorders.org.uk](http://www.beateatingdisorders.org.uk)

[www.youngminds.org.uk](http://www.youngminds.org.uk)

[www.kooth.com](http://www.kooth.com)

[www.outreachyouth.org.uk](http://www.outreachyouth.org.uk)

[www.headstogether.org.uk](http://www.headstogether.org.uk)

***How can I keep my child safe online?***

- Be aware of what your child is doing online.
- Visit [CEOP](https://www.ceop.gov.uk) (Child Exploitation and Online Protection) and talk to your child about how to raise concerns.

***If you need to report a concern about a child or young person at risk of harm, abuse or neglect.***

If it's an emergency, you can call:

- Customer First on 0808 800 4005 if you're worried that a child or young person is at risk of harm, abuse, or neglect
- the Police on 999

***Where can I get further support?***

Local support for parents and carers can be found [here](#)

***What if I'm struggling to cope myself?***

With so many challenges for families at present, it's understandable that adults too might need further support. If you're worried about you or another adult, please visit The Samaritans who have lots of information, support and guidance – [www.samaritans.org](http://www.samaritans.org) or call 116 123

***What if my child is unwell before returning to school?***

The symptoms of COVID-19 in adults and children are:

- a high temperature
- a new, continuous cough (this means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours).
- a loss or change to your sense of smell or taste

Anyone with symptoms should **self-isolate** and then book a test by visiting [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus) or calling 119.

Please ensure you advise the school that your child is unwell by calling 01473 328317 or use

[health.advice@holbrookacademy.org](mailto:health.advice@holbrookacademy.org)

# Student Covid Code - November 2020



To support the health, safety and wellbeing of ourselves and each other, **ALL** students have a responsibility to:

**Wear a face covering whenever you are walking around the school.**



**Stay in zone** - any movement between zones must be agreed and should be supervised. Know your zone for the day and use the correct ENTRY and EXIT points.

**Be prepared for learning** - bring the essential learning kit you need for the day.

**Follow instructions** - this includes instructions from teaching and support staff and signs around the school.

**Keep safe** by following the guidance around:

- Not coming to school if you display **Covid 19 symptoms**
- **Hand washing** - before and after putting on / removal of face masks, entry and exits, before and after eating
- Respiratory Hygiene - '**Catch it, Bin it, Kill it**'
- Keep **space** around you and others
- Be responsible during break and lunchtime - **no physical contact - SPACE, no sharing of food.**
- **Never bring gum** into school.

## Stay ALERT to Covid

**We must keep on protecting each other.**



**HANDS**



**FACE**



**SPACE**